

**PEGCO Inc.**  
532 N. RIDGEWOOD AVE  
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**(386) 756-4266**

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NURSING HOME #NH 2772  
ASSISTED LIVING #ALF 909  
HOME HEALTH CARE #HH 1175

## **ROSTER**

Program Title: **ALZHEIMER'S DISEASE & RELATED DISORDERS (3 HR)**

Date: \_\_\_\_\_ Facility Name: \_\_\_\_\_

\*\*\*\*\****PLEASE PRINT CLEARLY***\*\*\*\*\*

CERTIFICATES CAN NOW BE EMAILED IF WE CAN READ THE EMAIL ADDRESS

1. NAME \_\_\_\_\_ PHONE \_\_\_\_\_  
ADDRESS \_\_\_\_\_

EMAIL \_\_\_\_\_

2. NAME \_\_\_\_\_ PHONE \_\_\_\_\_  
ADDRESS \_\_\_\_\_

EMAIL \_\_\_\_\_

3. NAME \_\_\_\_\_ PHONE \_\_\_\_\_  
ADDRESS \_\_\_\_\_

EMAIL \_\_\_\_\_

4. NAME \_\_\_\_\_ PHONE \_\_\_\_\_  
ADDRESS \_\_\_\_\_

EMAIL \_\_\_\_\_

# Alzheimer's Disease or Related Disorders

NAME: \_\_\_\_\_ DATE: \_\_\_\_\_

1. List common behavior problems that can occur in people with AD:
2. Identify factors that can lead to behavior problems.
3. Give three examples to reduce behavior problems.
4. Describe the benefits of activity therapy.
5. Identify stressors and ways to reduce stress.
6. Give examples of stress reducers for the professional caregiver that administration can initiate.
7. Give example of ways th professional can reduce stress on the job and in their personal lives.
8. List four common family issues.
9. Identify the three stages of grief.
10. Give examples of environmental issues for residents with AD.

11. What is the difference between ethics and personal values.
12. List two examples of the concept of autonomy.
13. Give four examples of strategies for success in ADL's.
14. Describe the concept of loss of self-identity in person with AD.
15. Give three alternatives of restraints.
16. Give at least four local community support services.
17. List four activities for individuals.
18. List four activities for groups of individuals.
19. Describe how the staff can make a meal a pleasant experience for the person with AD.
20. What are two essentials in the manner in which food is prepared for persons with AD.

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William Stacy RN**

*PROGRAM EVALUATION*

COURSE TITLE: ALZHEIMER'S DISEASE & RELATED DISORDERS (3 HR)

DATE: \_\_\_\_\_ LOCATION: PEGCO, Inc.

*Please evaluate by circling the appropriate rating:  
5-Excellent 4-Above average 3-Average 2-Fair 1-Poor*

- 1. Overall quality of the program 5 4 3 2 1
  
- 2. Overall content of the program
  - a. content can improve my ability to perform my job 5 4 3 2 1
  - b. content reflected knowledge level and needs of learner 5 4 3 2 1
  - c. the material was current 5 4 3 2 1
  
- 3. Achieved stated objectives
  - a. total number of objectives in program \_\_\_\_\_
  - b. circle the number of met objectives 1 2 3 4 5 6 7 8 9 10
  - c. the test material reflected the objectives listed 5 4 3 2 1
  
- 4. Overall organization of the program
  - a. material was organized to facilitate learning 5 4 3 2 1
  - b. material covered was adequate and accurate 5 4 3 2 1

What did you like best about the program?  
\_\_\_\_\_

Your suggestions for improving this program.  
\_\_\_\_\_

Any topic ideas for future in-service programs  
\_\_\_\_\_

***THANK YOU FOR USING PEGCO INC. WE APPRECIATE YOU.***